

Name: **Sample Man**

Male, 52.1 years

333-33-3333

The Heart Place

Participant Demographic Information

23456 Lake Rd.

Dallas, TX 75111-

Job Category:

Membership Class:

Referral Source:

Manager

Cardiac Rehab.

Health Professional

Home

(214) 333-3333

Work

(214) 333-4444

Emergency Contact

Barbara Heart - (214) 333-3333

Physician

Bob Small, DO -

Employer

Boeing

Interests

CTWSNG

Prog. Compl.

T

Health Plan

Aetna

Personal Train.

Barbara Terry

Department

Accounting

Locker Number

20.00

Well \$ Earned

500.00

Well \$ Used

0.00

Well \$ Bal.

500.00

Location

2.00

Dues

10.00

Next Assessment

01/01/1998

Next Contact

06/01/1997

Last Contact

03/03/1997

Termination

/ /

Emp Date

01/04/1995

Last Paymt.

01/01/1999

Has heart disease

No

Family history heart disease

Yes

High blood pressure

Yes

High cholesterol

Yes

Diabetes

No

Physical inactivity

No

High HDL (negative risk)

No

Orthopedic Problems

Yes

BP Meds

Yes

Cholesterol Meds

Yes

Blood Sugar Meds

No

Heart Meds

No

Other Meds

No

Smoking Status

Used to Smoke

ACSM Risk Stratification

Increased risk

History Notes

Had cardiac arrest while shoveling snow in 1994.

Take Hydrodiuril 40 mg BID. Has periodic

exertional chest pain, possible angina pectoris.